## Day in the Life of a Fire Fighter

## **By: Madison Murphy**



- Fire fighters have to get up at 3:30AM-6:30AM
- You think its easy getting up at four And getting out the door?



This is my dads "station" This clothing is very hot and sweaty and can weigh 75-100 pounds! There is this oxygen mask they wear. In the back seats of the fire truck, in the seat there are oxygen tanks that connect to the oxygen mask so they can breath through the smoke. They also have this alarm on their jacket that signals if a Fire fighter isn't moving it goes off. And trust me its LOUD. They have that to make sure if anyone is in need and isn't moving. Its very helpful when you in a house with FIRE AND SMOKE and to make sure no one is hurt.



This is what they do when they don't have a run. They work out and trust me those weights my dad is lifting are, 45 pounds for each ring so that's 90 pounds and the bar is 45 pounds so that's 135 pounds! And you cant see but in the back there is a fake child (the real weight of a child") and a fake fire fighter. To use to prepare if there is a situation if there is a kid in pain or a fire fighter is down.

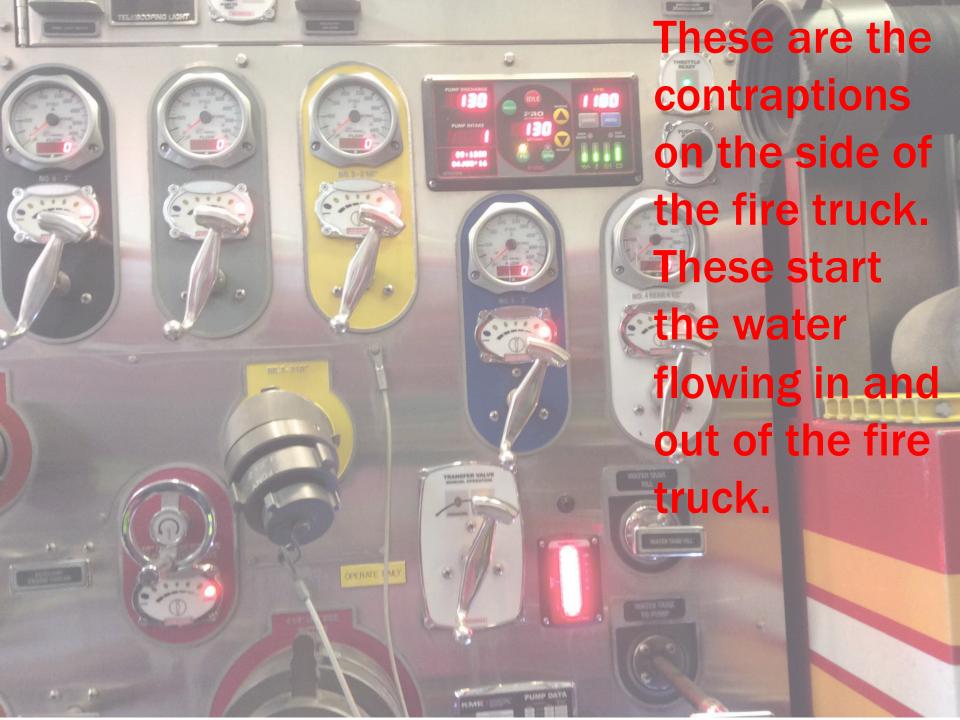
This is the kitchen, every morning someone brings something in for the crew for breakfast. (ex: someone may bring bagels, my dad brought bananas). They are also very good cooks! And don't get as much time to eat because they have a lot of runs! (when they go to a

121



Did you ever notice these hoses? They are super long and are very useful! Some hoses attach to holes on the side of the truck) and they connect the water (from the fire hydrant) into the truck and then they need to get another hose to connect into the water in the truck. Sort of confusing right?

This is where the fire fighter sleeps. Trust me, they don't get luxury!



This is the fire house entrance. They have the same

292 ENGINE CO. 292

CAUTION

**B**5

. BIO DIESEL .

the same entrance on the other side

ENTER QUARTERS DMPANY IS OUT. PORT A FIRE I ALARM FROM BOX LOCATED AT 63 ST. ENS BLVD,



This is my dad in all his full suit!

## Interview

**Q: How long have you been a fire fighter?** 

A: Over 15 years

Q: What are the Pros and cons of being a fire fighter?

## **A:**

Pros: Saving lives, very fulfilling job and helping people in need Cons: The equipment is heavy and hot. Working nights, weekends and most holidays.

My dad works at 292 rescue 4 on 64<sup>th</sup> street between Queens Blvd and Blvd of bravery. The Fire Department of the City of New York (FDNY) is the largest Fire Department in the United States and is recognized as the world's busiest and most highly skilled job. The FDNY's main job is to protect, take out fires and other safety for the 5 boroughs.

- It takes a long time to prepare for saving lives and preparing for disasters.
- In 1865 this was the "birth" of the FDNY. They help make New York the safest big city in the nation. FDNY not only responds to more than a million emergencies every year, but they are your best friends.