

# NEW YORK CITY: THE MELTING POT OF FOOD.

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In New York City you can find more than just one type of food. In New York City, you can find over 10 different types of food. Eight types of food that I saw around New York are French, American, Israeli, Puerto Rican, Italian, Japanese, and Chinese. In New York City, there are also different cultures that come here and open up shops of their culture. This happens so much because New York City is such a popular city that now there are many different places.

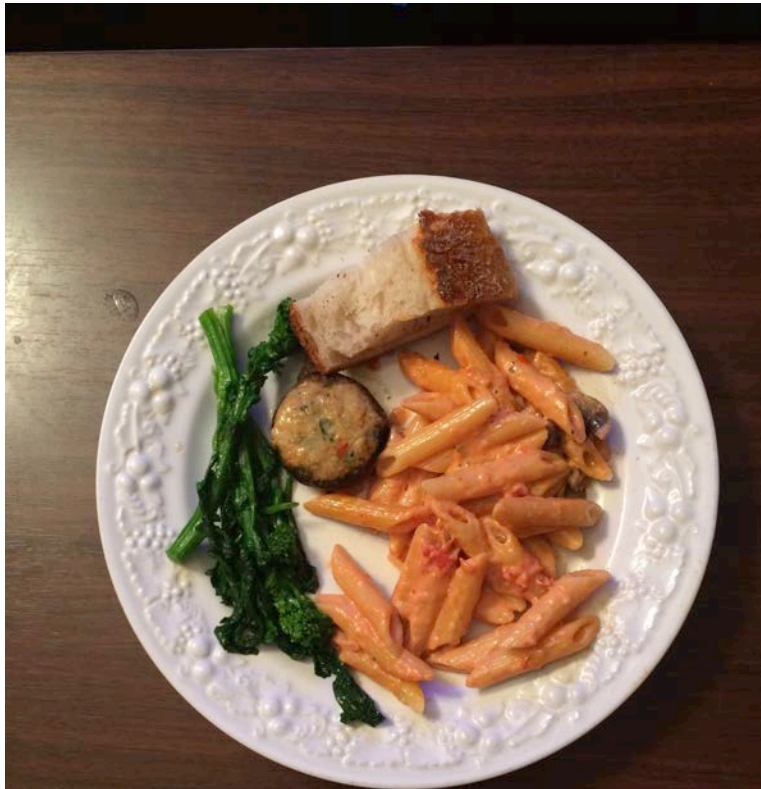
In New York, Chinese and Japanese food are very popular types of food. When I walk around I see Chinese cuisine everywhere along with Japanese cuisine. The popularity of Chinese food started to grow more in California. This happened when immigrants came and started to make their cuisine (Chinese cuisine) in the late 1800's. When they started to open restaurants in California the cuisine started to become popular and grew. Then they started opening many restaurants around the world!

Japanese food was also spread the same way Chinese food was. Japanese food is usually known for their sushi, but Japanese food is much more than sushi. They have exotic dishes and even popular dishes that don't get introduced enough. Some popular dishes are soba noodles, tempura dishes and dumplings. Some Japanese foods are known for different things in different restaurants. Such as some people might know shrimp tempura as popcorn shrimp. This is because restaurant owners change the name to get people interested.

You can also find French pastries everywhere around New York City there are so many French restaurants in New York City. The history of France goes back so far all the way to the middle ages. A long time ago French food was very similar to the food called Moorish. Their meals contained meat, beef, pork, and fish. They worried a lot about the display of the food, was it colorful or was it neat. One of the most special meals were the meals with roasted swan or peacock. During the 1500's and 1600's the French were influenced a lot by Italy. Now French food is known for their pastries and some popular dishes.

As you can see many different cultures have different history, but become popular in somewhat the same way. Most cultures food became popular when the immigrants came to a country and started to open restaurants. The food got so popular that the new immigrants had money so they took that money and went to another country and then the cycle happened again. One of my favorite types of foods is American, probably because I live in America. As you see New York has more than one type of restaurants. New York; The Melting Pot.

# ITALIAN FOOD



Italian food makes my stomach grumble  
I'm sure it makes people want to eat  
I hear all the talk about it and the mumbles  
I just want to devour all the meat.

## Fact Box

In Italy lunch is the main course of the day. They also eat many animals we don't eat in the USA such as, snails, horse, donkey, hedgehog, guinea pig, rabbit, goat, and many more exotic animals.

# JAPANESE FOOD



I love the Japanese food  
When I see it I get in a happy mood  
Sushi is the best  
But the soy sauce makes a mess

## Fact box

In Japan it is very common to eat rice during, breakfast, lunch, and dinner. Did you know that usually you have to train to make sushi for 10 years before you can serve at a actual restaurant?

# CHINESE FOOD



I love Chinese noodles  
And so do a lot of poodles  
When I eat the food  
I get in a suspicious mood  
About the dog beneath my feet  
Begging for the meat.

## Fact Box

A long time ago Beijing Roast duck was only to be eaten by the emperor but now everyone can eat it. Lo mein is also a popular dish.

# PUERTO RICAN FOOD

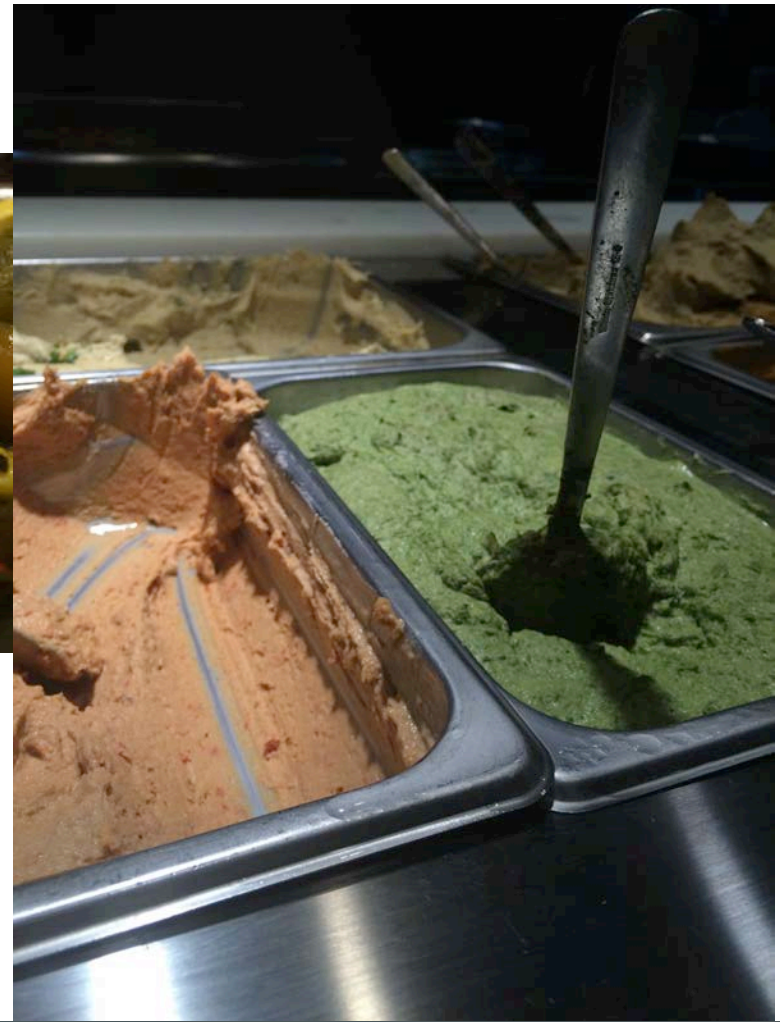


Puerto Rican food can be spicy  
When I eat it the spice feels spikey  
Like it is digging in my skin  
Its so spicy that for some reason I want to spin.

## Fact Box

Puerto Rican food uses ingredients such as," coriander, papaya, cacao, nispero, apio, plantains, and yampee." People call their cuisine "cocina criolla".

# ISRAELI FOOD



Israeli food gets you in a good mood  
When I see that my falafels been chewed  
I rush to the place to get some more  
I find them at the store  
And by all of the falafel balls.

## Fact Box

A normal Israeli breakfast includes, cheeses, salads, olives, bread, juice and coffee.



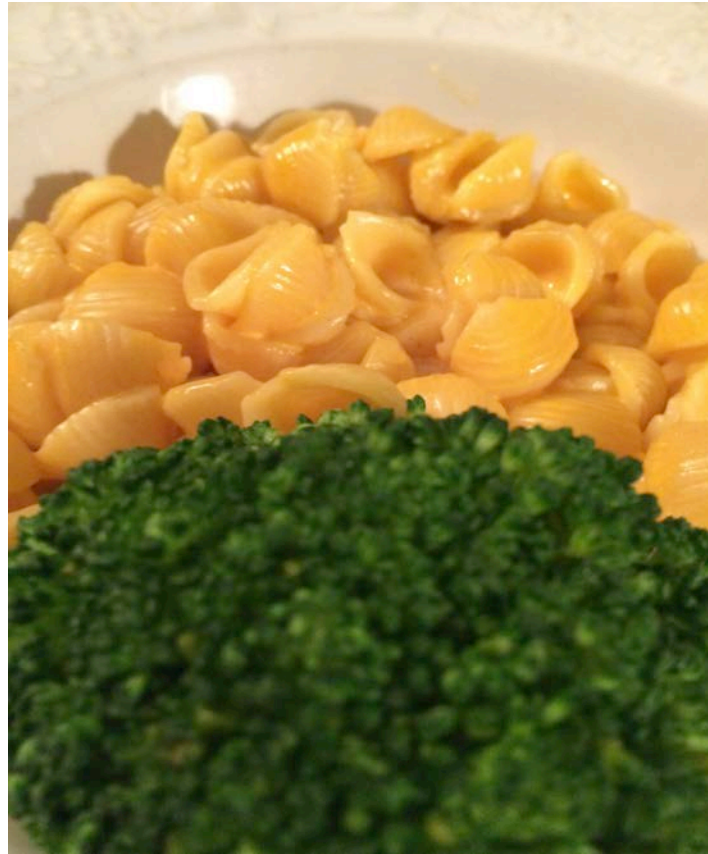
# FRENCH FOOD



French pastries are delish  
French food has barley any fish  
The pastries are the best  
And who doesn't want one, even when getting dressed

**Fact Box**  
In France you put your croissant into milk at breakfast. The word 'croissant' means 'crescent' because it is a in a crescent shape

# AMERICAN FOOD



American food is very good  
I would stand in line all day if I could  
Get some of the food  
That would make me in a happy mood.

## Fact box

In America fast food is very popular. In my picture I show mac and cheese. For kids mac and cheese is a meal that they love.

# ACKNOWLEDGMENT

I am very thankful for the immigrants that came and spread these new types of food because if they didn't then we would have to travel to taste a different types of food. I am also thankful for this because I love how people are allowed to be vegetarians, if in New York City there was only American food, It would be very hard to find a meal for vegetarians. I am thankful for all the new foods that we can eat.



