

## DARING DESSERTS

Every dessert in the world

## FROYO

- I LOVE FROYO! IT'S A MIX OF ICE CREAM AND YOGURT. SO ITS CALLED FROYO.



## CAKES

- CAKES ARE LIKE A GIANT VERSION OF CUPCAKES IF YOU HAVE NEVER HAD A CAKE BEFORE WHICH I HIGHLEY DOUBT!



## ICE CREAM

- I LOVE ALL ICE CREAM! I MEAN ALL ICE CREAM IS GOOD, BUT IF YOU WANT THE BEST ICE CREAM IN THE WHOLE CITY THEN GO TO SERENDIPITY GET THE BANNANA SPLIT AND THE ICE CREAM SUNDAY!



## CUPCAKES



■ CUPCAKES ARE YUMMY MINI CAKES, THEY ARE DIFFERENT FLAVORS AND THEY TASTE SUPER GOOD.



- CANDY IS SUPER SWEET STUFF THAT ROTS YOUR TEETH, BUT I LIKE IT ANYWAY! YOU SHOULD TOO!!



## FONDUE

■ FONDUE IS THE COOLEST THING EVER! MY PERSONAL FAVORITE IS THE TYPE THAT YOU DIP FRUIT INTO MELTED CHOCOLATE!


## COOKIES

- COOKIES ARE DOUGH THAT YOU PUT INTO ROUND SHAPES AND THEN YOU BAKE. THE REGULAR COOKIE HAS CHOCOLATE CHIPS IN IT BUT NOT ALL DO.



## DONUTS



- DONUTS ARE FLUFFY COOKIES WITH A HOLE IN THE MIDDLE. DONUTS TASTE THE BEST GLAZED OR WITH CHOCOLATE.



## DARING DESSERTS

- There are so many desserts out in the world. I wish I could eat them all. There are desserts from all different cultures and none of them are alike. There are so many varieties. For example, there are pastries, fondue, frozen desserts, fruit, and candy. Most desserts have a very rich history.
- I bet you didn't know that the first candy was fruit and nuts rolled in honey. Also, ice cream was invented by the Chinese, even though it was more of flavored ice than ice cream. Guess what? Potato crisps were invented in 1853. The Kendal mint cake was invented in 1863. The most surprising one for me was that the Turkish delight was invented in 1777. There are some more recent desserts that you might know more about. In 1903, ice cream was invented. The ice-lolly, which I think is like a Popsicle was invented in 1905. Here is one that you definitely know about; bubble gum was invented in 1906. Twix that candy that everyone loves was invented in 1967. So everyone loves hot chocolate but what goes better with hot chocolate that Marsh mellows? Marsh mellows are made from a white flower from a plant that had medicinal properties. I could go on and on naming so many different desserts!
- There are special desserts called pastries. Pastries include many delicious desserts. Pastries are normally warm. One type of pastry is a Donut. Donuts are like giant fluffy cookies with holes in the middle. You can go to a bakery like DUNKIN' DONUTS where they of course have donuts but they also have coffee and other beverages and other pastries. Pastries are also cookies, which are flat baked dough with sugar and sometimes frosting, chocolate chips and sprinkles on the top. Sometimes you can get oddly shaped cookies with jelly in the middle or caramel or something sticky. So pastries are also Cakes. Cakes are things that you bake and put frosting and sprinkles on! Pastries are also cupcakes. Cupcakes are like mini cakes. Pastries are really yummy and cool and they are the most commonly known dessert.
- Another dessert that people love is Fondue. Fondue is or can be, vegetables dipped into cheese, or really any type of food dipped into something that can be melted, such as, cheese, chocolate, and butter sauces. One popular type of Fondue is chocolate fondue that fresh fruit, Marshmallows, Pretzels, Nuts, are dipped into chocolate. You are special small forks that you use to dip the fruit into the chocolate. Some people like to put their chocolate dipped goods into the oven and bake them, others like to freeze them, and some just eat them plain. If you still want the fun of Fondue but you want something healthier then you should make cheese fondue instead. Cheese Fondue is melted cheese. You can use Cheddar, Swiss, blue cheese, Bree cheese, American cheese and mozzarella. All you have to do is melt the cheese in the Fondue maker then you can get things to dip into the cheese. One thing that tastes so good in cheese Fondue is vegetable's . most people don't think that vegetables wouldn't taste good in cheese fondue but they really do!
- An amazing dessert that so many people all over the world love is frozen desserts. Frozen desserts can be many things. Frozen desserts are ice cream. Everyone knows what ice cream is! Ice cream is a delicious dessert that so many people enjoy all over the world! Ice cream has cool toppings that just make it look like heaven! A great place in NYC that you can enjoy ice cream is Serendipity where you can get the best banana splits and ice cream Sundays in the WORLD! Another frozen dessert that people love is Froyo. Froyo is called Foyo because its frozen yogurt. It is a mix of Ice Cream and Yogurt. Except it is slightly healthier than ice cream but when people put on all those toppings it makes them really unhealthy. There are many places that you can get frozen yogurt. For example you can go to Pink berry, which is located on $82^{\text {nd }}$ and $2^{\text {nd }}$. You can also go to 16 Handles, which is just a few stores down.
- Another frozen dessert that many people enjoy is Popsicles because they are like eating ice but they have many amazing flavors! They are fun because with ice cream they melt and drip but popsicles don't drip because they are made of ice. In Central Park there are small carts located all over the park, where you can get popsicles and ice cream.
- Fruits are a dessert but most people don't consider them as desserts. They are desserts but they are on the healthier side. Fruits can be enjoyed in many ways. You can dip your fruit into fondue to make them taste sweeter. You can enjoy a yummy fruit salad for dessert. So if you want something sweet but healthy go eat fruit!
- A dessert that everyone knows about is candy. Now most people don't think candy is a
$\square$ dessert. Most pople just think that Candy's main ingredient is sugar, the truth is that candy IS a dessert. Candy is all kinds of sugar in different shapes. In NYC you can go to candy stores like Dylan's Candy Bar or you can go to FAO Swartz. There are many other great candy shops in New York too though. A candy that absolutely EVERYONE knows about... LOLLIPOPS! Everyone loves lollipops because they are basically sugar on a stick. There are tons of cool candy to eat so lets get started!
- There are so many incredible desserts from different cultures. China makes regular ice cream but they also make a very special type of ice cream called Baobing. It is a pile of shaved ice with sweet syrup also its often served with fresh fruits like strawberries and sometimes even with milk. Next time you are in China ask for Baobing. Also most people think that ice cream is modern but mankind have been enjoying ice cream for thousands of years, of course the ice cream may have not been the exact ice cream that we have today but it was a form of ice cream. In Turkey, a well-known dessert is the Turkish delight. They taste SOO YUMMY! A dessert that we have not talked about yet is an American dessert that I don't really like... DONUTS! Donuts are like fluffy cookies with a hole in the middle.
- In conclusion there are so many awesome desserts to eat! I interviewed Anya Armstrong, who had said that her favorite dessert was crepes, she loves Nutella, that she goes to Bonjor Crepes and Wine to get that dessert, and finally she said that her favorite dessert place only carries Crepes and Wine. A dessert place that I honestly recommend is called Lady M off of Madison Avenue. It is AMAZING! They are basically crepes but they are layered into a cake shape! They are amazing!

