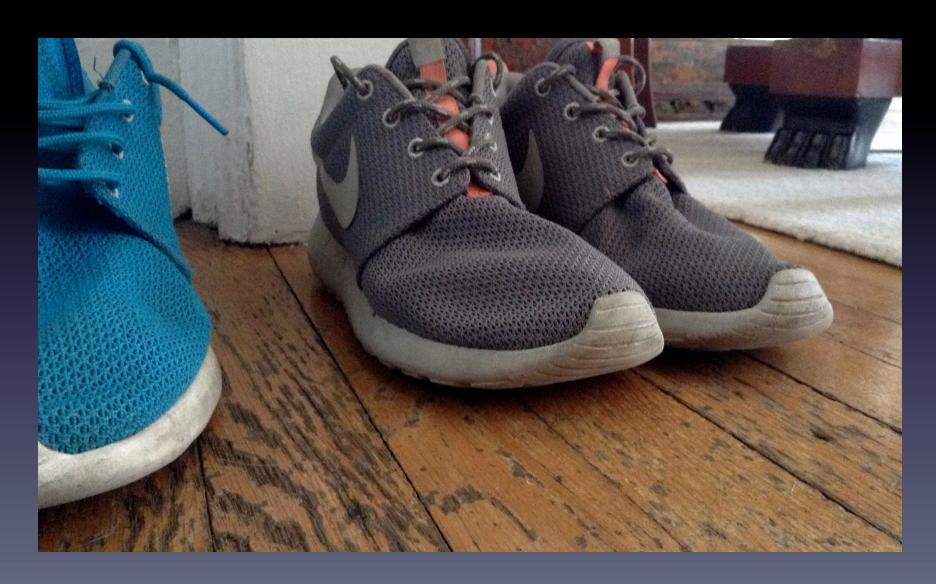


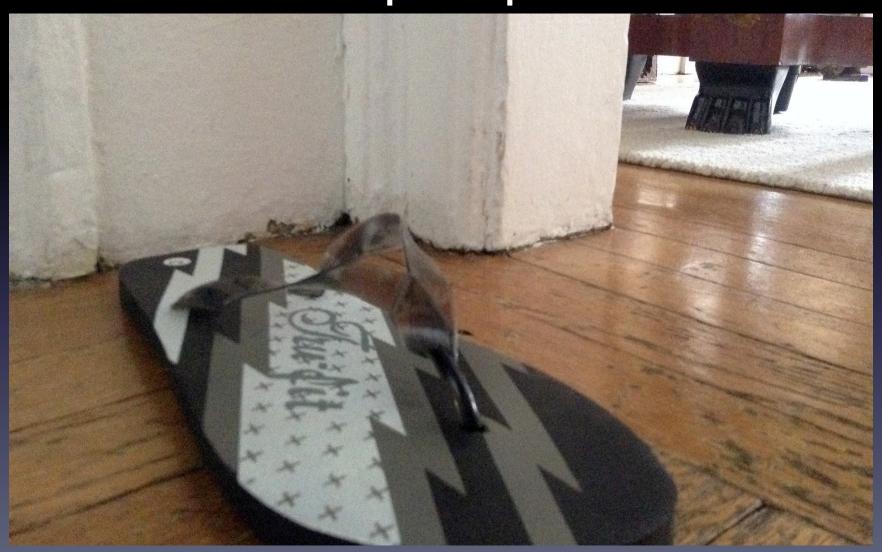
high tops



running shoes



flip flops



These are db4s



boots



basket ball shoes.



Essay

There are many types of shoes and brands and styles. But you should wear them on certain occasions for many reasons. For safety and other reasons.

Shoe safety

My brother says that he wore his shoes in the rain and slipped and fell and they got ruined because he had icy soles that made him slip. He was wearing suede shoes. So he says if you have icy soles do not where them in the rain and same with suede shoes. If you don't know what icy soles are they are the bottoms of the shoe, if it looks slippery there icy soles. Once, when I was wearing my new high tops to go hiking and they got ruined and my feet hurt so so bad. So from my experience don't wear high tops when you go hiking.

Styles and shoe brands

Did you know that there are many types of shoe brands. For example Jordan, DC, Nike and converse. These are some of the popular sport shoe brands we find in stores. There are many styles of shoes to choose from depending on the occasion, such as high tops, boots, flip-flops, dress shoes, running shoes, and casual shoes.

Wear the right kind of shoe for the right occasion. Remember if you have running shoes you should use then for running and not high tops or flip flops. That way your feet won't hurt and your shoes won't get ruined.

By Massimo Hassen