

Upcycling

Creativity is Easy

By: Arielle Emery



Before

This is what the field day shirts looked like before we upcycled them...



After

This is what they looked like after!



But upcycling is not just cutting, you can make it even more your own by adding new things! Chloe added beads to the fringes on her field day shirt.





These were jeans before,
but then I cut them to
make them into a cute
pair of shorts!

Look how cool this is, one of my friends Katie cut the back of her shirt and wore a tank top underneath. Best field day shirt ever!



Front



Back



This whole outfit is
upcycled!

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Upcycling is a great way to recycle old or unwanted things. For example, you can take an old t-shirt and cut it into a cool new shirt! Also, you could make it completely different by cutting it into a belt. Upcycling is also useful. One reason is because instead of buying new clothes, you can just make your old stuff seem new! Upcycling is recycling so it is good for the earth. Don't throw stuff out, upcycle it!

Many people like to upcycle. I surveyed 16 kids, 8 girls and 8 boys. All of the girls have upcycled and thought it was fun, but only 1 boy has and the other 5 said they would want to. Although they haven't yet, after explaining it to them they thought it sounded like fun. The main character Dove Cameron in Liv and Maddie, a TV show on Disney Channel, likes to upcycle too! She said she loves doing it and that it was a big part of her life.

But upcycling is not just clothing, In Paraguay, South America, teenagers made their own orchestra with instruments all made from stuff from the trash. They did this because they could not afford real instruments, but had a passion for music. They are called the Landfill Orchestra. Upcycling can make a big difference in people's lives.

I love upcycling. I think it is a great way to express creativity. When you upcycle, you are the only one in the world with that shirt. No one can buy your creativity. It is easy and fun! Upcycling is a great way to make things your own.