

Not All Video Games Are Bad For You

When it's raining and your brother and sister are taking up all the toys you can play a video game. Getting power ups, shooting fire balls, here comes Mario. Mario has a long history - your parents might remember Mario. My dad does.



Creativity

The game Minecraft gives you creativity freedom and you might think

Nintendo and Sega are both companies that give you video games.

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Sometimes Minecraft comes in handy when you're playing with a friend - it's a one person game for computer Xbox can be 2 on one TV for Xbox but different computers to play together.

Video games give you good things like seeing. Gamers beat non-gamers hands down when it comes to everyday eye sight. For example, specifically the ability to distinguish between different shades of grey called contrast sensitivity. Gamers are also quicker at shifting between different visual and attention tasks.

An example is when you drive, you need to monitor a very large visual field, so you can see the dog that's about to cross on the right, and the kid on the right.

The game that you can use is Call Of Duty Black Ops or action games because those games help you with your peripheral vision. A studier called Bavelier's studies show that if you put a non-gamer on a regular diet of video game playing[50 hours over nine weeks for the vision experiment] their attention and visual skills will improve. This skills will last for months if not years. The contrast sensitivity comes in handy for reading the newspaper at night or driving in fog.



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