

GABBY'S PATH TO GOLD

by Sophie Ingber

Gabby Douglas is an amazing gymnast.



You have probably heard of Gabrielle Douglas. She is an amazing gymnast and was in the 2012 summer Olympics. It's amazing.

YOUNG BUT AMAZING

As a child Gabby Douglas's nickname was flying squirrel. Her older sister Arielle was a gymnast and by the time Gabby was 3 Arielle had taught Gabby how to do a straight cartwheel. Right after Gabby had taught herself to do a one handed cartwheel. Arielle was surprised and didn't remember teaching her that. Arielle realized that she should try and convince their mom to let Gabby take gymnastics lessons. Gabby was

taking lessons by the time she was 6. After a lot of hard work she became the 2004 Virginia state champion.



the fierce five

GOODBYE GABBY

Gabby Douglas spent a lot of her time practicing gymnastics and finally convinced her mom to let her move to Iowa to continue her training. In Iowa she trained with Lang chow and lived with the Parton family. She had a great time and soon felt like part of the family.

AMAZING

ACHIEVEMENTS

Gabby Douglas has many gymnastics achievements. Starting in 2004 she was the Virginia state champion. As she got older she had many more achievements such as winning a gold medal in the 2011 artistic gymnastics championship in Tokyo Japan. Gabby Douglas 's biggest

gymnastics achievement

was being the first African American gymnast to win gold in all around individual and team events. Imagine how excited she was!

As you can see Gabrielle Douglas is an amazing Olympic gymnast and has lots of amazing gymnastics achievements.