

The History Of Cupcakes

By Lea Vula



WHEN THE CUPCAKE STARTED

The cupcake was invented in the United States in the 19th century. Its farther back than you think. The first mention of the cupcake can be traced as far back as 1796, when a recipe notation of “a cake to be baked in small cups” was written in “American cookery”. The cupcake evolved in the United States in the 19th century. The amount of time it saved in the kitchen was what made it so popular. According to the Food Timeline Web, food historians have yet to pinpoint exactly where the name cupcake originated. In the beginning, cupcakes

were sometimes called “number” cakes, because they were easy to remember of flour, flour eggs, one cup of milk, and one spoonful of soda.

FROSTING

If you would like the sides of your cupcakes to be smooth either because you are using the cupcake as a top layer to be completely frosted, or plan on serving the cupcake on a plate-bake the cupcakes directly in the pan. Grease the cups with butter, margarine, shortening, cooking oil spray, or baking oil spray (which is a combination of oil and flour) then lightly flour the cups.

HOW TO STYLE YOUR SWIRLS

First off-you'll need a piping bag. You can create your own by folding a parchment triangle, or disposable decorating bags, and depending on the frosting you use, even a large zip-top bag works. I suggest a heavy big one

FUN FACTS

Did you know that there are 178 calories in 1 cupcake with icing. Calorie breakdown: 26% fat, 71% carbs, 3% protein. Also a regular chocolate cupcake has 164 calories! Calorie breakdown: 28% fat 68% carbs, 4% protein. The cupcake was made by Michelle Wibo and took 50 hours to finish. The 330lb cupcake was eaten by 1200 people in covenant park. Last year, in Obamas inauguration, she made Ina Gardens Flower cupcakes. To say they were a big hit would be an understatement. They were proclaimed by one and all to be "The Most Delicious Cupcake In The World". Almost exactly a year later people decided to revisit "The Most Delicious Cupcake". A few of the people ate them again and this time upon seeing them, one person said "Oh my gosh!" "Are those the most delicious cupcake in the world?" Ina said "Yes they really are."



PIPING TIPS

The most important piece is the piping tip. You need to use a large or jumbo tip, which are much larger than a standard piping tip.