BASKETBALL HISTORY

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Do you like basketball? Basketball is a team sport that was made by James Naismith in 1891 and became an Olympic sport in 1936. The NBA stands for (National Basketball Association.)

WHAT IS BASKETBALL?

Basketball is a team sport where the objective it get it in your hoop the most amount of times. At the end of the game which ever team has the most points wins. You have to dribble before you walk or move. There are 12 minutes in a quarter and 4 quarters in the hole entire game; that means each game is 48 minutes.

NBA logo

TEAM HISTORY

Team names have changed through out the NBA's progression. For example, the Seattle Super Sonics are now the OKC Thunder and the Washington Bullets are now the Washington Wizards.

PLAYER HISTORY

There have been many good basketball players but some stand out to make history. Kareem Abdul Jabbar played 20 seasons and set the record for the most points in a player career with 38,387. According to NBA.com Wilt Chamberlain is the only NBA basketball player to score 100 points in one game. Michael Jordan is the only NBA basketball player to retire and come back to the NBA. Michel Jordan won the most NBA championship rings as a player.

COACH HISTORY

The most experienced coaches are the ones that played in the NBA and there are not many of those coaches. One of the best coaches is the Boston Celtics coach Doc Rivers. He used to play on the New York Knicks, Los Angeles clippers, Atlanta Hawks and the San Antonio Spurs. Now he coaches the Boston Celtics. The Celtics have won 17 championship that is the most by any team but Doc Rivers has only won one of them. Old Boston coach Red

Auerbach has won 9 of the Boston Celtics 17 championships (that is the most by any coach.) It is harder then it seams to be an NBA coach because have to make up plays, line ups and positions. Another thing that can be hard about being a NBA coach is you can be hated by some of the players on your team because of certain reasons.

RULES AND REGULATIONS

There are a lot of rules and regulations in the NBA like

fouls on the offense	fouls on the defense
charging foul	shooting fouls
over the back	blocking foul
lose ball foul	reach in foul

And many more too,
The rules have changed a lot since basketball was made. Now there is a spot on the court where if the defense is standing when the offense is trying to take a lay up it is a foul no mater what. Every year the NBA makes new rules or takes rules away. This year the NBA added the rule flopping where if you fake like you where fouled the league will look over it and the player that flopped will most likely get fined a lot of money.

HOW BASKETBALL HAS CHANGED

Basketball has changed a lot since basketball was made. A big thing that has changed is the uniform and the equipment. For example the basketball players used to wear short shorts. According to Basketball for Dummies, the balls and baskets have also changed. When basketball started they used soccer balls and two peach