



Electronics

By: Jake Karpati



Sara Karpati playing xbox when she could be playing with her siblings.





Ella Karpati watching a movie while she could be getting ready for bed.



Sara Karpati on her Kindle while she could be reading.

Bruce Karpati using his phone while he could be helping his kids get ready for school.



When Steve Jobs invented Apple, do you think he had this in mind? Now look. He invented Apple so people could have more advanced communication and so people could also have an easier way to do work. Not to see people spend 9 hours of screen time a day. Also most of this screen time is not for work OR communication. This doesn't just go for Steve Jobs, it goes for a lot of other people, such as the inventors of Microsoft, Samsung and even Android plus Wifi and TV networks like Verizon, Sprint, Spectrum and T. Mobile. And who would want to upset all the inventors who worked so hard to make their companies? What I'm trying to say is that people spend too much time on electronics. First, it can damage your social skills and second it can damage your body when you get older. Also, sometimes when parents use electronics it makes kids think that they can use electronics.

Look, too much time on electronics can mess up your social skills. Who wants to not have that many friends and who wants to have bad conversations? I don't, that's for sure. For example, a couple weeks ago I was with my cousin at a hotel in Washington D.C. We were on our electronics for a long time and the only thing we talked about were the games we were playing. And we were at a family event! This is what I'm talking about! People don't like to have conversations when they are on electronics. It even happens in the commercials when people are 2 feet away from each other and they text! In an interview with, Allison Gault, who uses electronics for work, she said that she ignores someone twice a week when she is doing her work. I also interviewed my dad and he said that he ignores someone once a day while on electronics. Even though they both don't do it that often it's still not good to be doing it at all.

Second of all, who wants to have health problems when they get older? Like I said before, I don't. For example, according to *www.bustle.com* you have a better chance of getting Metabolic Syndrome if you're on electronics longer. Metabolic syndrome is a disease that increases your chances of getting diabetes, stroke and/or heart disease. I mean, like, who would want to get a disease from using electronics which you don't really need. Also according to *www.bustle.com*, you can get Brain Restructures. A brain restructure is where your brain matter is reconstructed. Who wants to mess up their brain from a little part of your life? Or what should be a little part of your life. Also, you are more likely to die early according to *www.bustle.com*. I think that most people would want to live for as long as possible.

Finally, most of the time when adults use electronics kids feel like they have the right to use electronics for as long as they want. For example, according to *www.scripps.org*, a way to prevent this is for adults to limit electronics so the kids follow their lead. I agree with this because if they look up to you they might want to play with you, especially the young ones. So in my life I've noticed that my dad uses electronics and he doesn't care if we use electronics forever when he does work. So when my mom said to my dad that he has to tell us to stop using electronics he didn't really enforce it. So this is what happens. People get so into electronics that they don't really care about the outside world. Also, another day when my mom wasn't there me and my sister used electronics for an extremely long time because my dad was on his electronics. This is what happens when parents use electronics with kids around.

Overall, I think that electronics time should be limited. Not that people shouldn't use electronics but that people shouldn't use it that often. You mess up your social skills, you can get health problems when you get older, and sometimes kids spend too much time on screens because adults are on electronics. The next time you are tempted to use electronics for a long time don't, and the same goes for me.