



# Baking

By Aaron Premisler



This is a pound cake from William Greenberg's Bakery





These are blue  
and white  
cookies from  
William  
Greenberg's  
Bakery



Jumbo Macaroons  
7.00 each

Assorted Macaroons  
6.00 each

9" Lemon Tart  
45.00 each

9" Apple Tart  
45.00 each

6" Apple Tart  
28.00 each

4" Apple Tart  
14.00 each

6" Lemon Tart  
28.00 each

4" Lemon Tart  
14.00 each

6" Chocolate Cakes  
25.00 each



These are fresh  
cupcakes from  
William  
Greenberg's  
Bakery





This apple strudel from a  
Hungarian bakery on Second  
Ave







These are brownies from The Fat Witch Bakery in the Chelsea Market

Baking. Where do I begin? Baking can help your brain in ways such as improving creativity and helping you feel delighted. Baking is a great activity. You should think about learning how to bake, and read this Photo Essay for baking advice. One of the great parts about baking is sharing the sugary desserts that you make with your friends and family.

First, baking helps you improve your creativity. In an interview with my grandma Nancy, who has been baking for 20 years, she says that “Baking makes me feel creative and I like having a challenge.” According to *ThePowerofHumanity.com*, “Baking has a benefit of allowing people creative expression.” Creative Expression means to contribute in a range of activities that allow for creative and imaginative expression, such as music, art, and drama. According to *EliteDaily.com* “Baking/art is a creative craft.” This means baking gives you a chance to show your creativity in a crafty form.

Second of all, baking makes you feel delightful. According to *ThePowerofHumanity.com* “Baking increases happiness and reduces stress, anger, madness, and sadness.” This means that you’ll be happier because you can share the sugary desserts that you make with your family and friends. Baking makes me feel proud when I share the decadent goods that I make with others such as friends and homeless people. It is a wonderful feeling to make others happy. All of these reasons show that baking makes you feel joyful.

In conclusion, baking is an art that helps people be creative and feel delightful, which is helpful to your brain. I wrote about this topic because it always seemed that I wondered what other people thought about baking. By talking to others, I found that baking brings joy to many people. This includes the baking artists and the people who consume the baked goods.