

Music

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Introduction

Did you ever wonder what music could do? Well I will be explaining how music can help you and inspire you. Can music make you smarter? Or can music inspire your creativity? Well I think music can be helpful in your life and maybe just inspire you to do more.

Emotion

One reason music is helpful is that it can make you feel emotion. According to **vorongo.com** “music has the power to bring emotion.” For example, you can put on angry music or love songs to help you feel that emotion. See, if you want to feel emotion in any form then listen to that type of music.

When I go to Long Island (where $\frac{1}{2}$ of my family lives) my aunt usually drives us places. So when our favorite song come on like Cake by the Ocean she turns it really high and we get out of the car and dance. Well according to Emily, a music teacher at Chord Club in the Upper East Side, she believes, “Singing made me feel good.” She also said, “I like all types of music if it brings an honest emotion.” So I believe music can make you feel emotion in all sorts of way.

Without music



With music



Education

Another reason music is helpful is it can boost your focus and even make you smarter. I know it may sound crazy but, music can actually make you smarter. According to *huffingtonpost.com*, “studies show listening to Mozart can make you smarter.” In other words Mozart can help you get better grades, but these scientists did another test and found out all music can make you smarter. If its pop to rock to classical to jazz they can make you smarter. Well this actually happened to me because when I am reading, music helps me focus. I find this very weird, but according to *vorongo.com*, “people think dead silence is more distracting than listening to music.” Isn’t it weird how these words make you focus. So I think music can not only make you smarter but also make you focus.



As you can see here ↑ she is distracted.

And here ↓ she is listening to music and is focused.



Creativity

One way music can inspire you is that it can boost your creativity. What I mean by it is music can inspire you to get in to arts. For example, ever since I was born I loved to listen to music, so when I was 5 I got into dancing and art but I loved singing and I pursued it as a passion. It also helped me be more creative in my work. It didn't only happen to me, according to *ecollegetimes.com* Nicole Tower, 19, said "music inspires me to create and write." I am glad to say music can inspire your creativity.



CONCLUSION

In conclusion, I think music can help and inspire you in so many ways. I think if you try music it will become a hobby for you. For example I am actually trying out for a Broadway musical. I feel when I am on stage there is no right or wrong. I would say music had a big impact in my life.

