

Kids and Baseball

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Introduction

When you were a kid or if you're a kid have you ever played a sport, or been in a league? Do you remember how fun it was? Would you rather lie in bed all day long on a beautiful day or play sports with your friends? I'd choose sports any day. Sports are a great way for kids to get exercise, make friends, and give them a better future.

The game of baseball

Fun, heart breaking, and all-around amazing. There are a lot of words to describe baseball. But Will here describes baseball as, “One of the best sports ever made.” Will Will be safe or not? A very tough call for the umpire.



Having Fun

Having fun is one of the most important things about the game of baseball. If you have a bad game just be happy, because this sport is all about failing. So just smile Like Justin is in this photo.



The Bad VS The Good

Sometimes you're going to have bad days. The coach realizes that and takes the pitcher out of the game.



On Other occasions, you'll have good days when nothing can stop you.



All-in-all you have to take the good with the bad and hope for the best!

Going To New Heights

In the sport of baseball you get to play on new fields and discover new heights. In baseball you're almost always traveling, so it's good to get used to it.





This is the new generation of baseball. Back when your parents were kids I'm guessing they never got to play little league. Now kids should take this advantage and play ball!

New Generation

Action



Baseball is a game that is almost all action. People who say “Baseball is boring” don’t know what they’re talking about.

First of all, sports teams are a great way for kids to have a brighter future. According to the website *aspenprojectplay.org*, a website that is about kids activities said, “High school athletes have a better chance than non-athletes to make to college.” I think you may find that information surprising, but not for me. I think it is much easier for high-school athletes to get athletic scholarships to colleges. Right now I am an eleven year-old in 5th grade and I have benefited a lot with my baseball “Career”, I’ve gotten to travel and see new places, get to go to games for free for winning competitions, and get to meet a lot of great people. It’s been so fun to play sports I’ve traveled to different countries to play sports.

Secondly, sports are great ways to be fit and exercise. In an interview with Liam Denehi, the starting catcher on my baseball team, I asked him, “How does being a catcher help you get exercise more than any other position?” He responded by saying that he had to a lot of agility training by doing squat jumps and a lot of reacting drills to help him block baseballs that land in front of the plate. What Liam said is true, the exercise a catcher has to go through makes it tough to be a catcher. Did you know that, “Only 60% of kids ages 5-17 in Australia play sports and 25% of that population is obese?” That information came from *Betterhealth.org*. Me and my older and younger brothers all play sports, but before my younger brother played sports he was chubby, and now that he has been playing on a baseball team he has been getting a lot more exercise and been in better shape than before. In an interview with Michael Mandell, a 5th grader at PS290 on the Upper East Side who is also an athlete said, “Sports are a great alternative for weight lifting and other activities related to it. Because teens and tweens who are hitting Puberty. Their muscles haven’t fully developed and weight lifting can really damage their body”. Sports have really changed his and a lot of other lives.

Lastly, Sports are a great way for kids to make friends and build confidence. When I was in second grade I joined a baseball team. At that time I really didn't like speaking in public and trying to meet new friends but later on as the season progressed I starting becoming friends with my teammates. Now my team has been together for three years. "Sports are a great way for your child to make friends and be more socially active because in sports like soccer you have to communicate in order to score." Says *Sportsandchildrenaacp.org*. A good player has to know the game and his team, and it helps to talk to your teammates.

Finally, sports are a great way to help kids physically, mentally, and socially. Parents, you should research organizations and programs for sports, or have your child try-out for their schools sports team. Just make sure your child is doing what they want, because it could be their future.



The End