



ART
By: Isabella Zaldana



There are many ways you can express yourself through art such as:

- visual art**
- music**
- drama**
- dancing**
- make-up**

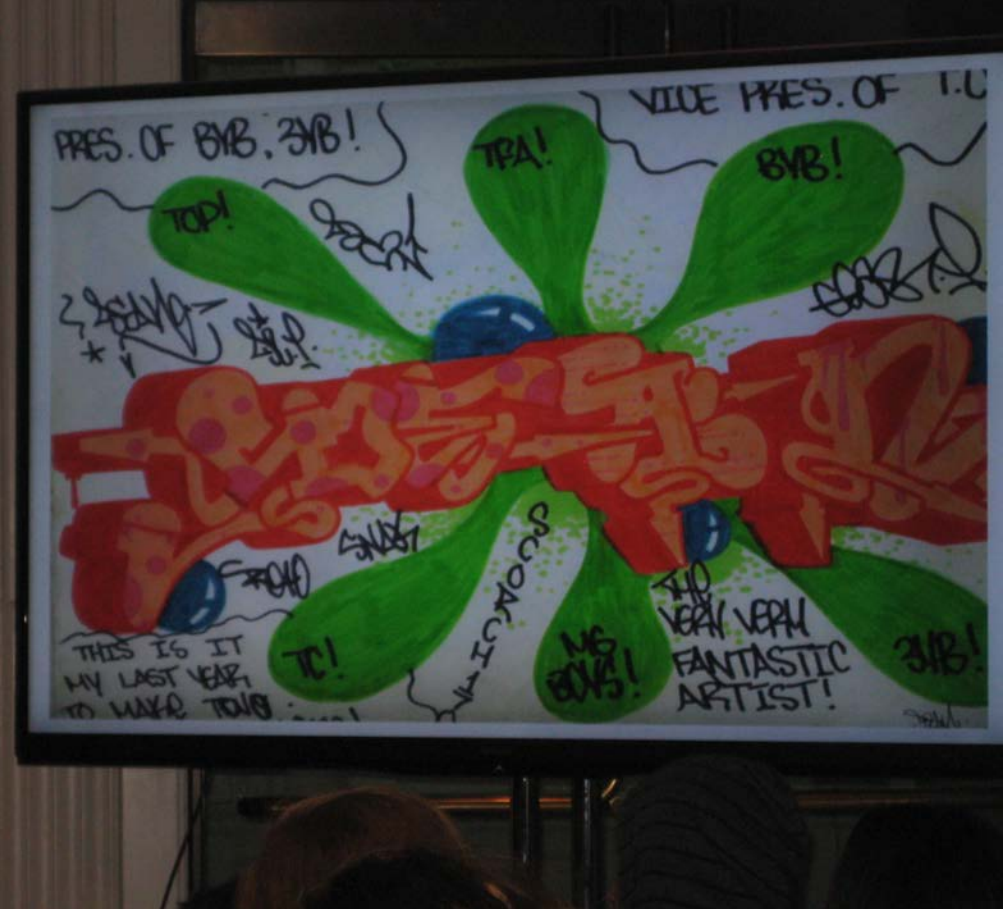


Many people don't realize that there is so much that you can do to express yourself. It could effect a lot about you, even your mood and it could change how you think



Art can be expressed in many different ways

There are so many different varieties of art you can choose from. My personal favorite is acting. I think that there are different varieties of art that can help you express yourself.



First, I believe that there are multiple ways you can express yourself through art. For example there is visual art. Visual art is one way to express yourself. Visual art is the art that you see like paintings and graffiti.

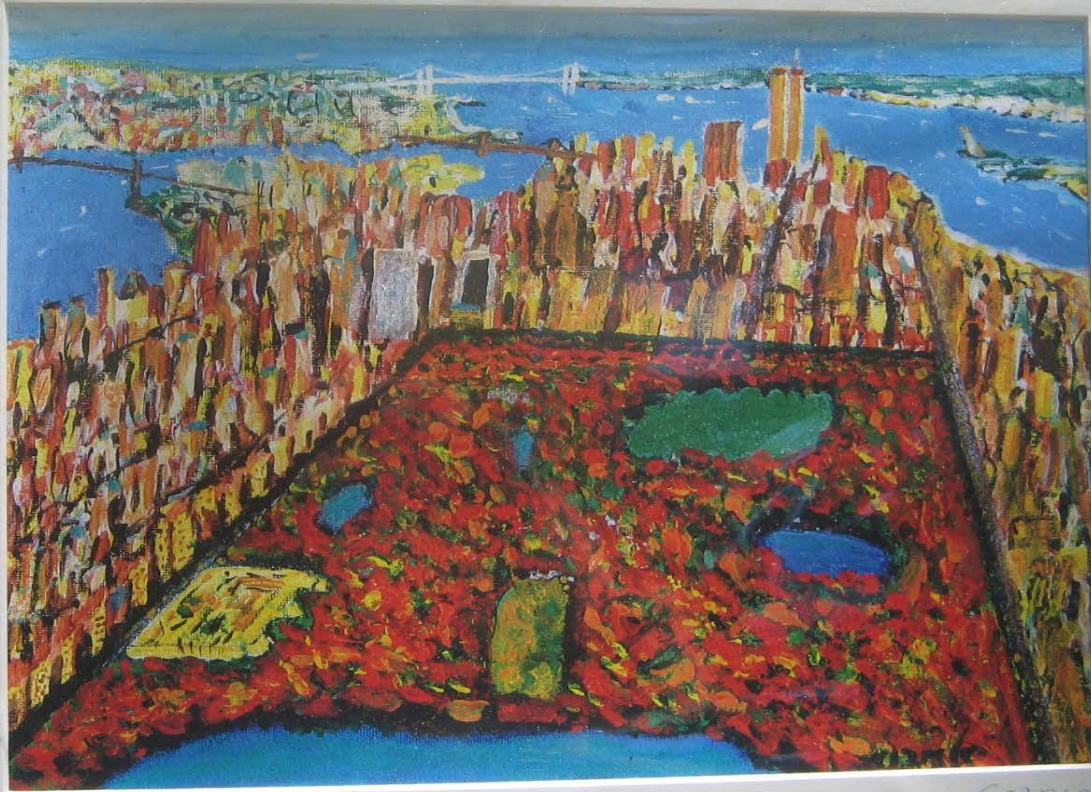


According to www.Tobii.com it says, “No matter what passion you’re doing most people are able to express themselves artistically through their eyes.” This means that it doesn’t matter what you’re doing to express yourself, it all comes from eye control, or by what you see.



This is Willy at his own art show

Next, in an interview with Willy Moreno, a graffiti artist, I asked a few questions about what helps him express himself through his art. Willy Moreno responded with, “My art is a way to show who I am. And I can make it however I want.” In an additional interview with Susan Brown, one of the art teachers at MNS, she says that, “Art is teaching and inspiring others and getting my emotion out there, and I communicate my love of art and photography.”



New York - The most interesting place

Cornio

Another thing is according to www.artsandiego.com, the answer to why artists express themselves is so they can bring some emotion through it, in other words express how they feel using anything they want to draw, paint with etc.



On the other hand I also think that you can express yourself through the other “arts” such as cooking, baking, singing, dancing, acting and music. Furthermore, in an interview with Harrison Fink, a 5th grade musician in a band called Purple Tooth, he says, “Music can really set a mood, like it can make you happy and sad at times.” In an separate interview with Harrison Jaffe, another 5th grade musician in Purple Tooth, he says that, “The word music means to make a sound that’s good and makes people happy and music is a way to get your word across.”



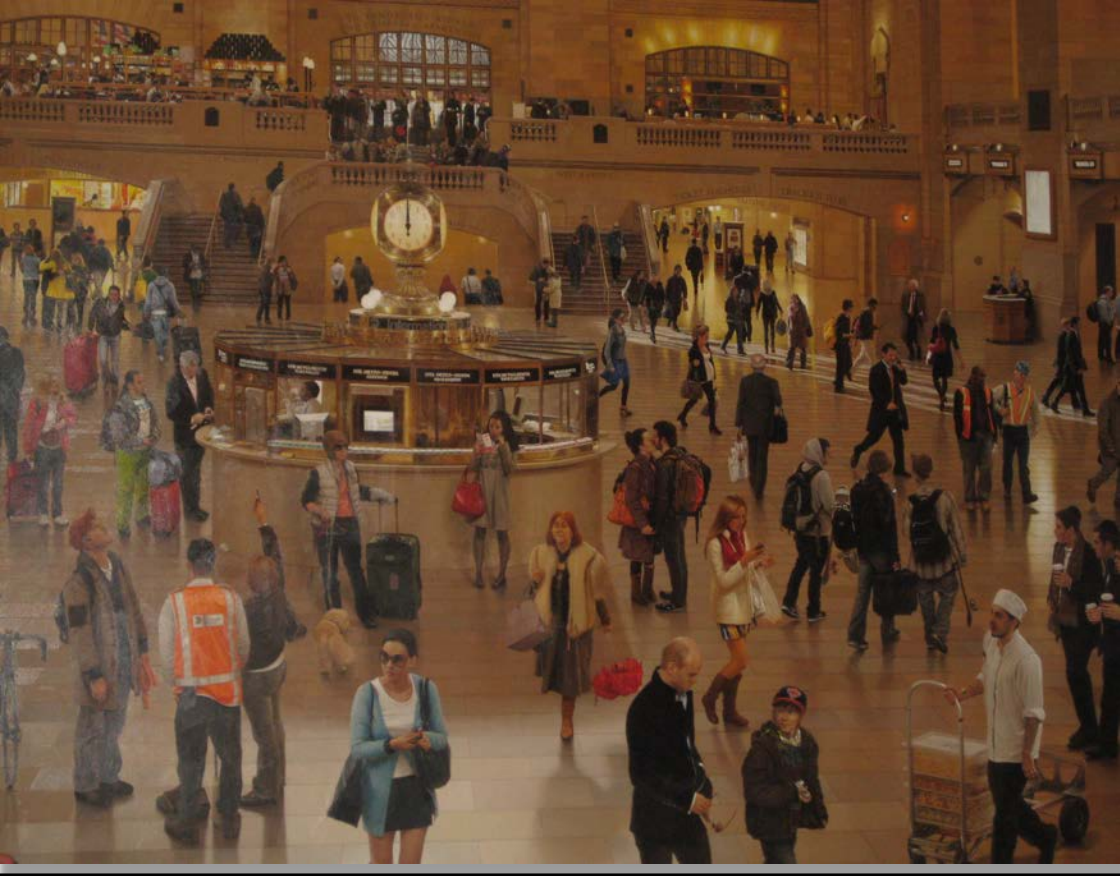


I interviewed another member from the band, the drummer Kyle Silverberg says, “Music is a way to express yourself in emotional ways, and it's so charming to express music in so many different ways.” This makes me think that not just visual art but other art like music help these musicians express themselves artistically.

According to www.Krisis.me.com beauty is also considered an art. In an interview with Stephanie, a person that works at Sephora, she says that, **“Beauty is not making you pretty its inner beauty. And I think it is an art because it’s all your own.”**



I agree because putting on makeup can help you feel better about yourself, and it is fun to try on.



In conclusion, I believe that any type of art even if it is cooking, acting, music, dancing or visual art can affect how you are and change who you are by helping you to express yourself.