## **Express Yourself Through Music**

By Aniyah Conway



Singers feel relaxed when they sing!

Singers like to sing because it helps them relax and helps them express there self. Expressing yourself helps you because people can get to know who you are.



Singing is joyful to people

You can listen to singing through ear buds or head phones... and others like your computer speakers or your phone.



Sheet music helps you understand the notes and read music.

## **PLAY SOFTLY**

You can learn music through many instruments and this one is called guitar. It has several strings and makes sounds every time you glide through the strings.





A box of toys from Larry's Kindergarten class can be used to make music.

You can make music with anything you want!!!

You can sing anywhere you want with your friends from a church to school to home to the park. Have fun!!





I have always loved singing and even up until this day I sing. I'm an 11 year old singer and I'm pretty sure there are lots of other kids out there that love to sing! So I dedicate this essay to the children that love to sing!! I will be talking to you about how to express yourself through singing and how singing can change your mood.

I have always loved singing because singing makes you feel special and joyful! I agree. In an interview with MNS 5<sup>th</sup> grader, Kwan Asia Cole Brown, she says, "Singing makes me feel like I am a V.I.P (Very important person)." Another 5<sup>th</sup> grader, Oriana, says singing makes her feel happy and free. The music teacher at MNS, Lisa Rizzi, who loves singing says, "Singing makes me feel confident, strong and peaceful.

Another reason I like singing is because when you're in a mood that's so happy or even not so happy you can pick the kinds of songs you want to sing. For example, Lisa says she likes to sing songs from Broadway when she's happy. Jurally, a 5th grader at MNS, says she likes to sing happy songs when she is happy. Georgia, a 4<sup>th</sup> grader, says she likes high notes when happy and low notes when she's not happy.

Singing makes me and people feel happy singing is not a gift everyone can do it.

I feel happy every time I sing it reminds me of happy places also reminds me of sweet things like hugs and kisses and warm milk and cookies pies and cake I love singing, singing put singing put the I in talent and it also puts the I in joyful I hope you love singing as much as I do it's a cure for me and It can be for you what do you like to do?