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SKIING



Skiing is one of the oldest sports. It's about five thousand years old.

Did you know that skiing is about 5,000 years old? There are a lot of similarities and differences about skiing! Today you think of skiing as a sport, but a long time ago skiing wasn't a sport! It was used to get military people around in the snow! Another thing skiing was used for was to hunt in the snow.

What Skiing Was Like a Long Time Ago!

Skiing was very different a long time ago. Skis were made from wood and ski boots were made from leather. Wow I bet you could not even think about skiing like that. With wooden skies, it was much harder to turn, stop, go fast and it gets even harder. When you fell and your ski came off you would have to chase it down the mountain.

Back then, they did not have ski pants and ski shirts and so people skied in pants that you would wear on any regular day! That means pants like jeans. Wow, how cold do you think you would be? Back then, people did not use helmets. That was dangerous because skiing can be a hard sport for your head. If you don't use a helmet you can get a concussion or internal bleeding. That can kill you!

One of the most important purposes of skiing was to move around in the snow. Back then, skiing was used in the military. Another important thing that skiing was used for was hunting in the snow!

What skiing is Like Today

Skiing is much different today then it was a long time ago! Today skis are made from strong plastic and metal. Also, today the main purpose of skiing is a sport. There is ski racing, free style skiing and more! Today most people use helmets because of all the bad things that happened to all the people who did not use helmets! Over the years skiing technology got better, so when you ski, you can jump, stop and turn better and even go faster. Today people ski with ski pants ski coats and more. With this, people will stay warmer and not wet because not only are they warmer but also they're water proof! Also you won't have to chase your skis down the mountain because skis have stoppers that will plant your skis in the snow so they won't move.

There have been a lot of changes in skiing over the years. Some parts of skiing are the same and some parts are different. Would you want to ski with wooden skis leather boots and be cold because you were skiing in jeans?