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# 1, 2, 3 Let's Skate



## There are many moves in ice skating.

There are many moves in figure skating such as spinning, jumps, and pair skating. Ice skating is very fun! The best age to start ice skating is at 6 years old. It takes 3 to 4 years to become a professional ice skater. It's good to start ice skating when you're young because you could keep on going for however long you want. Ice skating is very HARD! Also you can skate alone or in a pair. Finally you can skate indoors or outdoors.

### Let's spin

Do you know how to spin in ice skating? These are some spins in ice skating. Sit spin includes pancake spin and canon ball. There is also camel spin which includes catch-foot. If you

went ice skating once and you fell down, don't say, "I am never going to ice skate again." Keep trying and NEVER GIVE UP!

### Let's jump

Do you know how to jump in ice skating? A half jump is made in the air. The ice skater lands on a back outside edge of the opposite foot. A waltz jump takes off from a forward outside edge. The longer you take in ice skating the better you get. The best place to go ice skating is at Chelsea Piers because it is indoors and you could go there all year. I hope you like it.

### Let's skate together

Do you know how to pair skate? Pair skating is so

dangerous because a male and a female skate together. Some spins in pair skating are solo spin, pair spin, pair-camel spin and pair-sit spin. One of the jumps in pair skating is a throw jump. Some lifts in pair skating are toe lift, step lift and backwards lift. Some pair skating moves are lifts, twist lift, throw jump, pair spin, and death spiral.

I hope you learned a lot about spinning, jumps and pair skating. I hope you try out ice skating. It is very fun. It is hard, and you have to try your best.